

8天7夜

昆明/大理/丽江/
中甸(香格里拉)

Tour Code: CKN

★风味餐: • 过桥米线 + 汽锅鸡 • 粤菜风味 • 野山菌火锅
• 石林烤鸭 • 砂锅鱼风味

精简行程:

第一天 抵达昆明/石林 (机上用餐/晚餐)

- 入住酒店

酒店:铂晨假日酒店或同级

第二天 石林/九乡/昆明 (早/午/晚餐)

- 石林风景区 (含电瓶车)
- 九乡溶洞 (含游船 + 单程索道)
- 金马碧鸡坊
- 东西寺塔 (途径)

酒店:大观4*酒店或同级

第三天 昆明/大理 (早/午/晚餐)

- 洱海公园
- 大理古城 (洋人街)
- 喜洲白族民居三道茶歌舞表演

酒店:N度4*酒店或同级

第四天 大理/中甸 (早/午/晚餐)

- 长江第一湾 (途径)
- 虎跳峡
- 大转经筒
- 独克宗古城

酒店:安信蓝海钧华5*酒店或同级

第五天 中甸/丽江 (早/午/晚餐)

- 松赞林寺
- 藏民家访
- 古城四方街
- 黑龙潭

酒店:丽江国际5*大酒店或同级

第六天 丽江 (早/午/晚餐)

- 玉龙雪山大索道
- 白水河 (不含电瓶车)
- 甘海子
- 玉水寨
- 东巴谷

酒店:丽江国际5*大酒店或同级

第七天 丽江/昆明 (早/午/晚餐)

- 昆明老街花鸟市场
- + 正义路步行街

酒店:大观4*酒店或同级

第八天 昆明-回程 (早/午餐/机上用餐)

- 花市

特别
赠送印象丽江大型歌舞表演
价值RMB190

全程无购物站

行程次序, 以当地旅社安排为准。

观光景点:



石林风景区



松赞林寺



玉龙雪山

昆明

- 金马碧鸡坊 - 高12米, 宽18米, 雕梁画栋精美绝伦, 是昆明的象征。金马碧鸡坊始建于明朝宣德年间, 至今已有近四百年的历史。
- 东西寺塔 - 两塔均始建于南诏时代。巍巍双塔, 一东一西, 遥遥相望, 古色古香。
- 昆明老街 - 最能代表昆明市井生活的名片, 这边有琳琅满目的花、鸟、鱼、虫、古董、珠宝、工艺品, 抬头是昆明的老房, 耳边回荡着地道的昆明方言, 穿插着清脆的鸟鸣声。
- 花市 - “春城”昆明最大的鲜花与干花的聚集地, 您可在此买到许多花卉的制成品。

石林

- 石林风景区 - 整个景区由密集的石峰组成, 有如一片石盆地。这里的石林直立突兀, 线条顺畅, 并呈淡淡的青灰色, 最高大的独立岩柱高度超过40米。其中有“莲花峰”、“剑峰池”、“千钧一发”、“极狭通人”、“象距石台”、“幽兰深谷”、“凤凰梳翅”等典型景点

宜良

- 九乡溶洞 - 以溶洞景观为主, 溶洞外自然风光、人文景观、民族风情为一体的综合性风景名胜, 有“溶洞博物馆”之称。

大理

- 大理古城 - 简称榆城, 位居风光亮丽的苍山脚下。大理古城始建于明洪武十五年 (1382年), 是全国首批历史文化名城之一。街边有各种专卖大理石制品、扎染、草编等名特产品的店铺和风味十足的白族饮食店, 还可以在洋人街喝杯饮料, 享受一番。
- 喜洲白族民居三道茶歌舞表演 - 传承着白族传统的民间民俗舞蹈、传统的白族小调和大本曲弹唱等古老的表演形式。一边欣赏歌舞, 一边品尝大理正宗白族“一苦二甜三回味”的三道茶。

丽江

- 黑龙潭 - 公园内有近76万平方米面积的湖面, 形状如一弯新月, 湖中心有亭子, 亭与湖岸另一侧有一珍珠泉出水口。
- 丽江古城 - 世界文化遗产丽江古城。具有800多年历史的丽江古城, 始建于南宋末年。是元代丽江路宣抚司, 明代丽江军民府和清代丽江府驻地。街道不拘于工整而自由分布, 主街傍水, 小巷临渠, 300多座石桥与河水、绿树、古巷、古屋相依相映, 极具高原水乡古树、小桥、流水、人家的美学意韵。
- 玉龙雪山大索道 - 海拔4506米, 索道全长2914米, 垂直高差1150米, 是中国海拔最高的旅游客运索道之一, 也是北半球最南端终年积雪的山脉。
- 白水河 - 一条从雪山流出的河水, 河水是雪山积雪融化后又经岩层过滤, 在泉水涌出而最终汇成白水河。
- 玉水寨 - 寨内的神泉碧绿纯净、清瀑透明, 顺山势奔流而下, 形成著名的“出龙瀑”、“戏龙瀑”、“送龙瀑”之“神龙三叠水”。

中甸

- 长江第一湾 - 到了香格里拉县的沙松碧村, 突然来了个100多度的急转弯, 转向东北, 形成了罕见的“V”字形大弯, 人们称这天下一奇观为“长江第一湾”。
- 颂赞林寺 - 云南省规模最大的藏传佛教寺院, 也是康区有名的大寺院之一, 还是川滇一带的黄教中心, 在整个藏区都有着举足轻重的地位, 被誉为“小布达拉宫”。该寺依山而建, 外形犹如一座古堡, 集藏族造型艺术之大成, 又有“藏族艺术博物馆”之称。
- 藏民家访 - 让您体验真正藏族人家的生活。
- 独克宗古城 - 又名“月光古城”藏语意为白色石头城。古城是中国保存得最好、最大的藏民居群。并参访获颁吉尼斯记录, 世界上最大的转经。

自费项目: 云南映像歌舞表演 = RMB 280/PAX

出发日期:

航班行程:

	团费	机场税及 燃油附加费	小费	旅行社 代收费用	签证	旅行 保险	总数
成人							
小孩							

Travel Agent:

8D7N

KUNMING/DALI/LIJIANG/ ZHONGDIAN(SHANGRILA)



Tour Code: CKN



★ Special Cuisine : • Cross-Bridge Rice Noodle + Air Steam Chicken
• Cantonese Cuisine • Wild Mushrooms Steamboat
• Stone Forest Roast Duck • Fish Casserole in Dali Style

Schedule:

D1 ARRIVAL KUNMING (MOB/D)

- Check in hotel

Hotel: Sloane Place Hotel or similar

D2 STONE FOREST/JIUXIANG/

KUNMING (B/L/D)

- Stone Forest Scenic Area (Included Buggy)
- Jiuxiang Cave (Included Boat Ride + 1 way Cable Car)
- Golden Horse & Green Rooster Archways
- East and West Temple Pagoda (Drive Pass)

Hotel: DaGuan 4* Hotel or similar

D3 KUNMING/DALI (B/L/D)

- Erhai Park
- Dali Ancient Town (Foreigner Pub Street)
- Xizhou Village with Three course Tea Performance

Hotel: N Hotel 4* or similar

D4 DALI/ZHONGDIAN (B/L/D)

- First Bend Of The Yangtze River (Drive Pass)
- Tiger Leaping Gorge
- Spinning Prayer wheel
- Dukezong ancient town

Hotel: Blue Horizon Jun Hua 5* Hotel or similar

D5 ZHONGDIAN / LIJIANG (B/L/D)

- SongZanLin Monastery
- Zang Minority Home Visit
- Lijiang Ancient Town (Square Street)
- Black Dragon Pool

Hotel: Lijiang International 5* Hotel or similar

D6 LIJIANG (B/L/D)

- Yulong Snow Mountain Lijiang Grand Rope Way
- Ganhaizi
- White River (Exclude Buggy Coach)
- Yushui Village
- Dongba God Garden

Hotel: Lijiang International 5* Hotel or similar

D7 LIJIANG/ KUNMING (B/L/D)

- Kunming Old Street Bird & Flower Market + ZhengYi Shopping Street

Hotel: DaGuan 4* Hotel or similar

D8 KUNMING-DEPARTURE (B/L/MOB)

- Flower Market

Special
FREE

• Impression Lijiang
Performance Show
worth RMB190

NON SHOPPING STOP

Tourist Attractions:



Stone Forest Scenic Area



Songzanlin Monastery



Yulong Snow Mountain

KUNMING

- **Golden Horse & Green Rooster Archways** - The symbol of Kunming city. Built in China's Ming Dynasty, it has history of more than 400 years.
- **East and West Temple Pagoda** - Originally built during the 9th century, 13 stories high, with statues set in the external niches of each level.
- **Kunming Old Street Bird & Flower Market** - Gathering vendors selling flowers, birds, fish and so on, and finally became the biggest flowers and birds market in Kunming.
- **Flower Market** - As the spring city of China, Kunming having the world largest flower supplier market.

STONE FOREST

- **Stone Forest Scenic Area** - In the Major Stone Forests, people marvel at the natural wonders before their eyes. The pillars of rock tower into the air seemingly just springing up from the ground. These stalagmites form a twisted jungle of stone.

YILIANG

- **Jiuxiang Cave** - The 'pre-history wonders' found in the area. These wonders include a variety of hydrological and geological phenomena such as ancient micro-biological fossils, curved stones, caves with whirlpools inside, stereoscopic caves, and multi-layered caves.

DALI

- **Dali Ancient Town** - The traditional Bai ethnic folk houses give the town distinctive feel. The town's layout was uniform, with five main streets from south to north and eight main streets from east to west.
- **Xizhou Village** - A beautiful walled town that has a lot of buildings still in traditional style and enjoy the 3 courses tea performance here.

LIJIANG

- **Black Dragon Pond** - Its surroundings are all green with grass and shaded by swaying willow trees. In its waters, the Jade Dragon Snow Mountain is reflected.
- **Lijiang Ancient Town** - Famous for its orderly system of waterways and bridges. The old town of Lijiang differs from other ancient Chinese cities in architecture, history and the culture of its traditional residents the Naxi people.
- **Yulong Snow Mountain Lijiang Grand Rope Way** - High altitude sea level of 4506m. Taking one of the highest altitude cable car to wonderful glacier park.
- **White River** - The water is extremely clean as it is filtrated and purified by gravel and stones when running, and hasn't been polluted at all, so call White River.
- **Yushui Village** - Is the central region of the Naxi Dongba Holy Land, the ancient city is the source of Lijiang., Baisha Township in Lijiang County is the birthplace of the central Naxi culture as the world recognized.

ZHONGDIAN

- **First Bend of the Yangtze River** - The river makes a more than 100 degree turn from south to east within a distance of 1 kilometer.
- **Songzanlin Monastery** - Being the largest Tibetan Buddhist monastery in Yunnan, Songzanlin Monastery, also known as Guihua Monastery, is one of the famous monasteries in the Kang region. It is located near Shangri-La County, at the foot of Foping Mountain.
- **Zang Minority Home Visit** - Learn the culture of Zang Minority.
- **Dukezong Ancient Town** - which means "town of the moon" in Tibetan, was built during the Tang dynasty. It became a landmark on the ancient Tea-horse Road and a focal point for Han-Tibetan exchanges. And visited the Guinness Book of Records, the world's largest spinning Prayer Wheel.

Optional Tour : Kunming Dynamic Yunnan Show = RMB 280/PAX

Sequences of Itinerary are subject to local arrangement.

Departure Date:		Flight :					
	Tour Fare	Airport Tax & Fuel Surcharge	Tipping	ACF	Visa	Travel Insurance	Total
Adult							
Child							

Travel Agent: